

City of District Heights
Recreation/Cultural Department



CHAIR AEROBICS

WHERE: City of District Heights
Recreation/Cultural Department
2000 Marbury Drive

WHEN: **THURSDAYS**
STARTING SEPTEMBER 6, 2007

TIME: 9:30AM-10:30AM

COST: **\$1.00**



IF YOU ARE GOING TO SIT THERE
YOU MIGHT AS WELL EXCERCISE

MORE INFORMATION:
CALL 301-336-5633