

District Heights Recreation Center presents...

district heights BOXING CLUB



Ages 6 & up

Join now and gain:

- balance
- conditioning skills
- hand-eye coordination
- offensive /defensive combination
- self confidence

NO EXPERIENCE NEEDED!

Registration Fee: \$360/year

Begins June 1, 5 - 7 p.m.

Certified USA Amateur Boxing Trainer & Pro,

MAC RODGERS

FOR MORE INFORMATION CONTACT,

Darius Jackson

jacksond@districtheights.org

301.336.5633

DISTRICT HEIGHTS BOXING CLUB REGISTRATION

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

SEX _____ DATE OF BIRTH _____

EMAIL _____ PHONE () _____

CASH OR CHECK IS ACCEPTED. MAKE CHECK PAYABLE TO DISTRICT HEIGHTS RECREATION DEPARTMENT. SUBMIT PAYMENT WITH THIS APPLICATION TO 2000 MARBURY DRIVE DISTRICT HEIGHTS, MD 20747

GENERAL RELEASE:

In consideration of this entry being accepted and desiring to be legally bound to myself, my heirs, assigns, executors, administrators, etc.. I hereby release the sponsors, officials, District Heights Recreation Center, and all those associated with this program, of all claims for injuries and damages incurred or arising from my participation in the District Heights Boxing Club. I grant permission for the use of all information submitted in my application, and any other photograph, videotape motion picture, recording, and any other record of this event including race results, my likeness, name, and completion time, for any purpose, including post-Boxing Club publicity.

Signature _____ Date _____

SIGNATURE OF PARENT OR GUARDIAN IS NEEDED IF APPLICANT IS UNDER 16 YEARS OLD

APPLICATION CONTINUED ON BACK

Cost of the Program is \$360 a year.

PAYMENT PLANS:

(Please indicate the plan in which you wish to enroll)

- One payment of \$360
- Two payments of \$180
- Three payments of 120
- Four payments of \$90
- Twelve payments of \$30

Fee includes the \$40 fee for participants' boxing license, monthly enrollment, fee use of facility and equipment as follows:

1. Boxing Gloves
2. Hand Wraps
3. Head Gear
4. Chest Protectors
5. Groin Protectors

Participants must provide:

1. Proper Footwear
2. Appropriate mouth guard

Information and Demonstrations will be available at District Heights Day May 16, 2009 from 11am-4pm.

Anyone interested in participating in the program/partnership or making a donation should contact the District Heights Recreation office/Darius Jackson at (301) 336-5633 Monday-Friday or send a check payable to "The District Heights Boxing Club" to City of District Heights, Administration Building, 2000 Marbury Drive, District Heights, MD 20747.

*****We will make one run daily to pick up all local participants that live in the City District Heights. In addition, public transportation comes directly to District Heights Recreation Center.*****



***Each participant will be insured.**

www.districtheightsrec.com

facebook

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District Heights Rec Center**